

State of Connecticut Medication Regulations **For Sports and *Extracurricular Activities**

Coaches of interscholastic or intramural sports and supervisors of extracurricular activities **may only administer the following medications:**

- Inhalant medications prescribed to treat respiratory conditions
- Medication administered with a cartridge injector for students with medically diagnosed allergic conditions (epi pen).

Parents/guardians of students requiring these medications must:

1. Inform the school nurse prior to the start of the program. A copy of the physician's medication order on file in the health office can be given to the coach/ program supervisor.

If there is no order on file the parent/guardian will need to obtain one for the student's health record.

2. Supply the medication in its original container to the coach/program supervisor. **This medication will be separate from the medication stored in the health office for use during the school day.**
3. Make arrangements with the coach/program supervisor for any medical needs or possible emergencies that may arise during the activity.

Extracurricular activities mean activities sponsored by the Board of Education that occur outside of the school day and are not part of the educational program.

Parents of diabetic students requiring glucagon or students with seizures requiring diastat must contact the school nurse 10 days prior to the start of the activity